

Minnesota Truth Council

MENTAL HEALTH AND RELATED RESOURCES



The Advocates
FOR HUMAN RIGHTS

Community Healthcare Centers – Behavioral Health Services

- If you are in crisis, please contact:
 - Hennepin County Crisis Adult Hotline: 612-596-1223
 - Ramsey County Crisis 651-266-7900
- If you are experiencing a serious medical emergency, please call 911

CONTACT INFORMATION	SERVICE AREAS	SERVICES
<p>Community-University Health Care Center (CUHCC)</p> <p>2001 Bloomington Avenue S Minneapolis, MN 55404</p> <p>Schedule appointment: 612-301-3433</p> <p>Walk-in visits schedule: Mondays: 10:00 am – 12:00 pm Tuesdays: 9:00 am – 10:00 am Wednesdays: 10:00 am – 12:00 pm</p>	<p>Located in south Minneapolis, CUHCC serves people of all ages and all income levels</p>	<p>Services include: Help for depression and other issues; Individual, child, couple, family, and group therapy; Culturally competent diagnostic assessments; Case management services for adults with serious and persistent mental illness; Adult rehabilitative mental health services (ARMHS); Medication management; Psychiatry; Child mental health targeted case management</p> <p>Website: https://cuhcc.umn.edu/patient-services/mental-health-care</p>
<p>CLUES (Spanish for: Latino Communities United in Service) – Behavioral Health Clinic</p> <p>Minneapolis: 2600 E 25th St Minneapolis, MN 55406</p> <p>St. Paul: St. Paul: 797 E 7th St St. Paul, MN 55106</p> <p>Clinic Main Phone Number: 612-404-2600 Intake Phone Number: 612-439-9671</p>	<p>Twin Cities Metro Area</p>	<p>Mental Health services include: Mental Health Assessment and Therapy; Psychiatry; Outpatient treatment program for Co-Occurring Substance Use & Mental Health Disorders; Targeted Mental Health Case Management; CTSS (Children’s Therapeutic Services and Supports) Skills Training; Adult Rehabilitative Mental Health Services (ARMHS); Cultural Brokers; Immigration-Related Assessments; Behavioral Health Education and Presentation Opportunities; Crisis Services</p>

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<p>Hamm Clinic</p> <p>10 River Park Plaza Suite 710, St Paul, MN 55107 In person and telehealth services available</p> <p>Clinic Main Phone Number: Call us to schedule an intake appointment: Ph: 651-224-0614</p>	<p>In-Person services in St. Paul. Telehealth services available.</p>	<p>Individual, Group, Couples, and Psychiatry available. Hamm Clinic team uses a multi-disciplinary model of care that centers on you and your needs. Psychologists, social workers, psychiatrists, licensed marriage and family therapists, and nurses work together to deliver treatment that is right for you.</p> <p>*All our services are trauma-informed and culturally responsive. Care is available in English and Spanish, and interpreters support care in other languages.</p>
<p>Pathways Counseling Center</p> <p>1919 University Avenue West, Suite 6 St Paul, MN 55104</p> <p>Clinic Phone Number: 651-641-1555</p>	<p>Based in St. Paul</p>	<p>Therapy and Adult Rehabilitative Mental Health Services (ARMHS) available. Focuses include LGBTQIA+-focused counseling, Global Mental Health, Fetal Alcohol Spectrum Disorder and Forensic Mental Health.</p>
<p>Indian Health Board - Counseling Services Office</p> <p>2101 Minnehaha Ave Minneapolis, MN 55404 612-721-9800</p>	<p>Serving local American Indian and Alaska Native communities</p>	<p>Mental Health Services include: Individual & family counseling; Cultural therapy groups & crisis care; Psychiatric evaluations & referrals; School-based support in local communities</p> <p>Website: https://www.indianhealthboard.com/counseling-support/</p>
<p>Native American Community Clinic – Behavior Health Department</p> <p>1213 E Franklin Ave Minneapolis, MN 55404 Phone (612) 872-8086 Schedule Appointment: (612) 843-5981 On Call Access (612) 873-9389</p>	<p>Serving the urban Native American Community of the Twin Cities</p>	<p>Team of licensed providers with various expertise and training backgrounds to provide care to those of all ages. Individual, couples, and family therapy; Group therapy; Assessment; Depression and anxiety; Grief and loss; Post Traumatic Stress Disorder; Substance Use Disorders; Spiritual Care</p> <p>Website: https://nacc-healthcare.org/services-behavioral-health</p>