TAKE ACTION ON WORKERS’ RIGHTS!

If You Have 10 Minutes

• **Learn the Facts.** Read our fact sheet on the Rights of Workers and then test your knowledge with our short quiz at [www.discoverhumanrights.org/toolkit.html](http://www.discoverhumanrights.org/toolkit.html).

• **Get the News.** Keep up to date on workers’ rights and receive news and action alerts from these workers’ rights organizations:
  - United Students Against Sweatshops [usas.org/](http://usas.org/)
  - Jobs with Justice [www.jwj.org](http://www.jwj.org)

• **Take a Pledge.** Take a pledge to stand up and join the fight for workers’ human rights. For example, check out the Jobs with Justice pledge at [www.jwj.org/pledge.html](http://www.jwj.org/pledge.html).

• **Donate.** Make a donation to a local or national organization that promotes workers’ rights. For ideas, check out the “Workers’ Rights National Resources” list in this toolkit.

If You Have A Few Hours

• **Host a Film Screening.** Invite members of your community to watch a film about workers’ rights. Choose a film that focuses on the rights of workers, such as *Made in L.A.*, *North Country*, or *Matewan*.

• **Write a Letter.** Write to your representative or senator and ask him or her to support the Employee Free Choice Act. For more information, visit: [www.americanrightsatwork.org/employee-free-choice-act/](http://www.americanrightsatwork.org/employee-free-choice-act/).

• **Educate.** Download our PowerPoint presentation or lesson plans at [www.discoverhumanrights.org/toolkit.html](http://www.discoverhumanrights.org/toolkit.html) and educate your school, community organization, or faith group about worker’s rights.

If You Have A Month

• **Organize a Teach-in.** The AFL-CIO has produced a hands-on toolkit for supporters of workers’ rights that features ideas for teach-ins, checklists for planning, sample leaflets, fact sheets, discussion questions and other materials. Download the toolkit at [www.docstoc.com/docs/86349359/Teach-In-Toolkit](http://www.docstoc.com/docs/86349359/Teach-In-Toolkit).

• **Start a Bookclub.** Get friends together to read books on the topic of workers’ rights. Check out books such as *Nickel and Dimed: On (Not) Getting by in America* by Barbara Ehrenreich.

• **March.** On May 1st, celebrate International Workers’ Day. Collaborate with local unions to organize a march on your state capitol to support the rights of workers and immigrants.

If You Have A Year or More

• **Launch a Sweatfree Campaign.** Global Exchange and Sweatfree Communities have developed a toolkit to help you launch a successful sweatfree campaign in your community. To download the Sweatfree Toolkit go to [www.globalexchange.org/fairtrade/sweatfree/resources](http://www.globalexchange.org/fairtrade/sweatfree/resources).

• **Shop Ethically.** Commit to purchasing fair trade goods and produce to ensure what you are buying is made under fair working conditions and without child labor. For more information and resources, visit: [www.sweatfree.org/shoppingguide](http://www.sweatfree.org/shoppingguide). To ensure you are buying union-made goods, check out [americanrightsatwork.org/blog/unionshop/](http://americanrightsatwork.org/blog/unionshop/).

• **Unionize.** Exercise your right to freedom of association by joining a union or organizing in your workplace. Visit [http://www.aflcio.org/](http://www.aflcio.org/) for more information on unions and on how to promote fairness and respect for workers.

• **Watch a Corporation.** Hold corporations accountable for their actions through research and investigation. Visit [www.corpwatch.org/article.php?id=945](http://www.corpwatch.org/article.php?id=945) for the “Hands-On Corporate Research Guide” which outlines the process in six easy steps.
The Advocates for Human Rights
www.theadvocatesforhumanrights.org
A leader in bringing international human rights to the classroom and the community, providing educational resources and trainings to support the human rights movement in the U.S.

9-5, National Association of Working Women
www.9to5.org
A national organization dedicated to putting working women’s issues on the public agenda. 9-5 seeks family-friendly policies, the elimination of workplace discrimination, and improved working conditions for women office workers.

AFL - CIO
www.aflcio.org
Created in 1955 by the merger of the American Federation of Labor and the Congress of Industrial Organizations, the AFL-CIO is a voluntary federation of 57 national and international labor unions and represents 3 million members in working America.

American Rights at Work
www.americanrightsatwork.org
An educational and outreach organization dedicated to promoting the freedom of workers to form unions and bargain collectively. Their website provides information on current events, ways to get involved, and online publications.

The Child Labor Coalition
www.stopchildlabor.org
This organization is committed to strengthening child labor protections and serves as a national network for the exchange of information about child labor in the U.S.

Equal Employment Opportunity Commission (EEOC)
eeoc.gov
The EEOC enforces all federal laws prohibiting job discrimination and provides oversight and coordination of all federal equal employment opportunity regulations, practices, and policies.

Fair Trade USA
www.fairtradeusa.org/
Fair Trade USA enables sustainable development and community empowerment by cultivating a more equitable global trade model that benefits farmers, workers, consumers, industry and the earth.

Jobs with Justice
www.jwj.org
Jobs with Justices engages workers and allies in campaigns to win justice in workplaces and in communities where working families live. Their website includes various campaigns and projects promoting workers’ rights.

National Employment Law Project (NELP)
www.nelp.org
NELP advocates on behalf of low-wage workers, the poor, the unemployed, and other groups that face barriers to employment and systems of support. NELP engages workers and allies in campaigns to win justice in workplaces.

National Labor Relations Board
www.nlrb.gov
An independent federal agency created by Congress in 1935 to administer the National Labor Relations Act, the primary law governing relations between unions and employers in the private sector.

The National Workrights Institute
www.workrights.org
This organization conducts research and advocacy on issues of human rights in the workplace and seeks to improve workers' legal protection. Their website provides information on key human rights issues and campaigning information for workers.

Occupational Safety and Health Administration (OSHA)
www.osha.gov
An agency of the U.S. Department of Labor that assures safe and healthful working conditions for men and women. It provides research, information, education, and training in the field of occupational safety and health.

United States Department of Labor
www.dol.gov
This government agency fosters and promotes the welfare of job seekers, wage earners, and retirees in the U.S. by improving their working conditions and administering a variety of federal labor laws.

United Students Against Sweatshops
usas.org/
This network of students in North America advocate for workers’ rights by bringing students on campuses together to create a united youth front against sweatshops.

Work Place Fairness
www.workplacefairness.org
Work Place Fairness provides information, education, and assistance to individual workers and their advocates nationwide and promotes public policies that advance employee rights.

Worker Rights Consortium
www.workersrights.org
This independent labor rights monitoring organization, conducts investigations of working conditions in factories around the globe to combat sweatshops and protect the rights of workers who sew apparel and make other products sold in the U.S.